RISE TO YOUR PEAK

CARE AT YOUR BEST

What Nurse Practitioners told us they want from Altitude

Insights that shape the design of Altitude's platform





A Smarter Start — and Support That Adapts as They Grow

Across early-career and experienced NPs, one pattern is constant: the transition from student to practitioner—and every transition after—feels unsupported.

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45% of new NPs say their transition-to-practice support was inadequate. (JAANP, 2023)

"We're pulled into too many directions—
too many alerts, messages, results. I want
something that helps me focus, not more
noise." — C.O., NP and Medical Director

"Don't just tell me I'm a low performer in the region — show me the drill-down so I can learn." — J.M., NP

"The first NP job is almost impossible unless someone takes a chance on you. Then you keep reinventing yourself with every new setting."

— J.M., NP

"Even ten years in, you're still onboarding to a new culture each time you move." — N.K., NP



From Data Noise to Purpose and Focus

Existing tools bury clinicians in notifications and reports that obscure what matters. NPs want clarity, not clutter.



NPs spend approximately 176 minutes per day on EHR tasks. (JAANP, 2020)



Mentorship, Community & Professional Identity

Clinicians described isolation and a desire for genuine community — not social chatter, but collegial reflection and matching with mentors who share their practice.



61% of early-career NPs report feeling professionally isolated. (JAANP, 2022) "You're making decisions alone, and that's when you need someone to bounce ideas off of." — L., NP

"We never know an NP's RN background...

Emergency vs peds vs ICU changes how you think. A real network would connect by that."

— J.M., NP



"We don't get better by clicking through modules — it's through seeing, reflecting, and being coached on our charts." — D.H., NP

"Learning happens when you can see your own data, get feedback, and adjust tomorrow — not six months later." — J.M., NP



Real Skill Development in the Flow of Work

Learning must be active, specific, and embedded to each patient encounter — not another module or webinar.



Mentorship is significantly associated with professional advancement and satisfaction among APRNs.
(JAANP, 2024)

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Career Pathways That Reflect Who They Are

NPs want visibility into where their skills lead — and systems that recognize their diverse journeys, from new grads to second-career clinicians and international physicians.



About 30% of early-career advanced practice clinicians change practices within three years. (JAMA Network Open, 2025)

"People leave because there's no sense of what's next. Recognition and growth matter." — A.J., NP and Medical Director

"40% of my study participants were second-career nurses. We don't account for that in how we train or coach."

— J.M., NP

"If feedback comes mid-clinic day, it just deflates you. **Dedicated time, data, and**respect are non-negotiable." — J.M., NP

"We need the NP version of M&M rounds

- safe reflection, not judgment."
- N.K., NP



Objectivity & Psychological Safety as the Foundation for Learning

Confidence and growth only happen when feedback feels fair and time is protected to process it.



Structured reflective practice is associated with improved clinician confidence and well-being. (MyWellBeingIndex, 2024)

Nurse practitioners told us they don't want another platform — they want a day-to-day system for clinical growth: one that turns their daily work into a learning engine, connects them to mentors and data they trust, and elevates their confidence as clinicians and leaders.

We valued their insights so much that these clinicians are part of Altitude's product development group. Please reach out to join Altitude: engage@joinaltitude.com



With personalized training and coaching, we help you strengthen skills and build confidence as an NP.



No one can know it all — but you can always feel ready.